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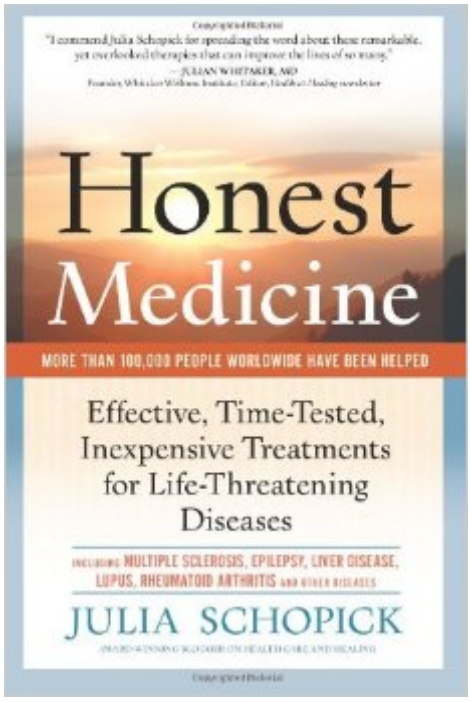
Honest Medicine: Effective, Time-Tested, Inexpensive Treatments For Life-Threatening Diseases



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Synopsis

HONEST MEDICINE introduces four lifesaving treatments that have been effectively treating--and in some cases curing--people for 25-90 years. However, for reasons of profitability (or lack thereof), these treatments have not been universally accepted. The treatments are: Low Dose Naltrexone for autoimmune diseases (e.g., multiple sclerosis, lupus, rheumatoid arthritis, Crohn’s disease, etc.) HIV/AIDS and some cancers; the Ketogenic Diet, for pediatric epilepsy; intravenous alpha lipoic acid, for terminal liver disease and some cancers; and Silverlon, for non-healing wounds. This book has already received a great deal of praise: - Ronald Hoffman, MD: "I predict that Honest Medicine will become an instant classic." - Jeffrey Dach, MD: "A revolution is at hand, and Julia’s new book, Honest Medicine, is leading the charge with banner held high." - Mary Shomon: "Julia Schopick is one of those rare people who can go through an agonizingly difficult experience and go on to transform her pain into a passionate, clear-headed campaign to help others." - David Brownstein, MD: "Honest Medicine should be required reading for all physicians and patients searching for safe and effective therapies."

Book Information

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Customer Reviews

Julia Schopick’s book, Honest Medicine, focuses on four highly successful treatments ignored by mainstream medicine. The first is Silverlon, a silver impregnated mesh used to heal skin compromised by repeated surgeries and radiation treatments. The second is Alpha Lipoic Acid for chronic liver disease, the third is the Ketogenic Diet for seizure disorder, and the fourth is Low Dose Naltrexone. As a gifted medical writer, Julia brings each topic alive with the testimony of patients, their doctors, and family members.A successful treatment for childhood seizures, the Ketogenic Diet

is an excellent example of the insanity of US medical system. While a less effective drug treatment called ACTH costs half a million dollars for a few months, the Ketogenic Diet is more effective with no adverse effects, costing a few dollars. However, our medical system rewards and preferentially selects drug treatment, while there is no reimbursement or financial incentive to recommend the Ketogenic Diet, which involves patient education. This is quite different in other countries such as Portugal where the diet is universally embraced. Back in the day when I was a medical student rotating through the Neuropsychiatric Institute in Chicago, a young girl in the hospital had intractable seizures unresponsive to Phenobarbitol, the standard drug treatment which only made her seizures worse. Having memorized my studies like a good student, I made the connection with Porphyria, a metabolic disorder in which the patients cannot tolerate Phenobarbitol. A simple urine exam showed the elevated Porphyrins, confirming the diagnosis. Since drug treatment had obviously failed, the patient was then sent to neurosurgery which removed the seizure focus in her brain.

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